2013

5K RUN FOR THE RELAY & 1 MILE FUN RUN

JUNE 1, 2013

(SATURDAY)

Registration / Check in starts at 7:45 a.m.

5K RACE 8:30 A.M.

1 MILE 9:00 A.M.

5K: $15 Pre-registration - $20 Day of registration

1 Mile: $12 Pre-registration - $15 day of registration

1 Mile Family rate $40-family of 4 (pre-register only)

Location:
St. Ambrose campus
929 Pearl Rd-Brunswick

Contact info:
swhisler@roadrunner.com
www.stambrose.us

Click the link StAR4LIFE

PROCEEDS TO: AMERICAN CANCER SOCIETY

AWARDS: 5K Top 3 Male & Female places overall. Various age group prizes will be given out for the 5K Run after the 1 mile race. Crazy color contest gives a chance for anyone to win a prize! Come see what it's all about. DJ – Fruit – Food – Refreshments!

****Race T-shirt to all Pre-registrants by 5/20/13****

Return this REGISTRATION portion of the form to:
StAR4Life – St. Ambrose Relay for Life
Run for the Relay
1923 Thorpe Circle
Brunswick OH 44212

Make checks payable to:

StAR4Life

Name:_____ Age: _____as of 6/1/13

Address:_____City, State, Zip:_____

Phone:_____e-mail address:_____

I am registering for the ☐ 5K ☐ 1 Mile Gender: ☐ Male ☐ Female

T-Shirt size: ☐ Kids Lg Adult: ☐ Small ☐ Med ☐ Large ☐ XL

*In consideration of the acceptance of my entry, I, intending to be legally bound, do hearby myself, my heirs and my assign, waive any and all claims to damages I or the named minor may have against St. Ambrose Catholic church, or any of its event sponsors for any and all injuries suffered by me, while traveling to, or from participating in the 5K Run for the Relay or the 1 Mile Fun Run and do hereby state that I assume any and all risk inherent in the same.

Signature:*_____

(If under 18, signature of parent or guardian is required)

Tell us who you are running for:_____